

Hines Health Fair Offers Free Screenings, Prizes, Fun



Many VA programs and activities will be featured at the fifth annual Hines Health Fair on May 7

Free health screenings, plenty of resources and lots of fun are on the agenda at the fifth annual Edward Hines, Jr. VA Hospital Health Fair, scheduled for May 7, from 9 a.m. – 3 p.m. in the Hines auditorium.

All area Veterans are invited to the fair, which is being organized by the hospital's Health Promotion and Disease Prevention (HPDP) committee and will feature booths from different services and departments throughout Hines with free health information and screenings, including weight, BMI, blood pressure and body fat composition.

"The slogan for the health fair is, 'Keeping Hines Well and Well Informed' and that's exactly what we plan to do," said Lorry Luscri, the Hines HPDP Program Manager. "This is an opportunity for Veterans, caregivers, and staff to learn about how to improve health, and about services and programs available at Hines."

More than 1400 attendees participated in the Hines Health Fair last year, and the HPDP committee is looking forward to another large turnout this year.

"We expect a lot of people at this fun event," said Amanda Kalins, HPDP committee member. "It is one of the biggest events of the year."

Health behavior coaches will also be available at the fair to discuss plans for starting or continuing important health changes.

For more information about the Hines Health Fair, please contact Lorry Luscri, Hines HPDP Program Manager, at 708-202-8387, extension 21228.