

Summer-Fall 2020

Hines VA Hospital
5000 S. Fifth Ave
Hines, IL 60141

For more information, contact us at Comprehensive Intensive Inpatient Rehabilitation Program, (708) 202-8387, ext. 21256.

James Doelling, Hines
Hospital Director

Sri Ranjini Muthukrishnan, MD, Acting Chief,
Rehabilitation Service

Marilyn Pacheco, MD,
Medical Director,
Inpatient Rehab Unit

Lora Coffelt, RN, Acting
Clinical Nurse Manager

Stephanie Sawin, LCSW,
Social Worker

Our Mission Summary

The Mission of Physical Medicine and Rehabilitation Services is to assist our Veterans in achieving their fullest physical potential, and to support their psychological and social adjustment to enhance community reintegration.

Our Motto

Strength

Teamwork

Respect

Integrity

Dedication

Excellence

“Stride with Pride”



CARF has accredited Hines' Comprehensive Intensive Inpatient Program continuously since 1997



Blind Rehab Houses COVID Garden



Psychologist Jennifer Kiebles and Blind Rehab Specialist Maggie Elgersma alongside the raised flower beds in the courtyard of the Blind Rehab Center

Part of the courtyard has beautiful annuals planted in the raised beds that Veterans could easily access while standing. Veterans who use wheelchairs contributed to planting the other pots on the ground level.

Many of the Veterans in post-COVID rehab were able to enjoy

By Jennifer Kiebles, Clinical Psychologist

(Continued on page 3)

This year, due to the COVID pandemic, the Blind Rehabilitation Center was converted into a rehabilitation unit for Veterans recovering from COVID-19. Part of their rehab was gardening.

Among the Blind Center's many amenities is a spacious courtyard that is generally used for therapeutic gardening for our Veterans with visual impairments.

As the Veterans in the rehab unit were feeling better and getting stronger, many of them were able to participate in the courtyard gardening project by planting, watering, cultivating, and enjoying the space.

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PM&R Staff Join Hines COVID Screeners

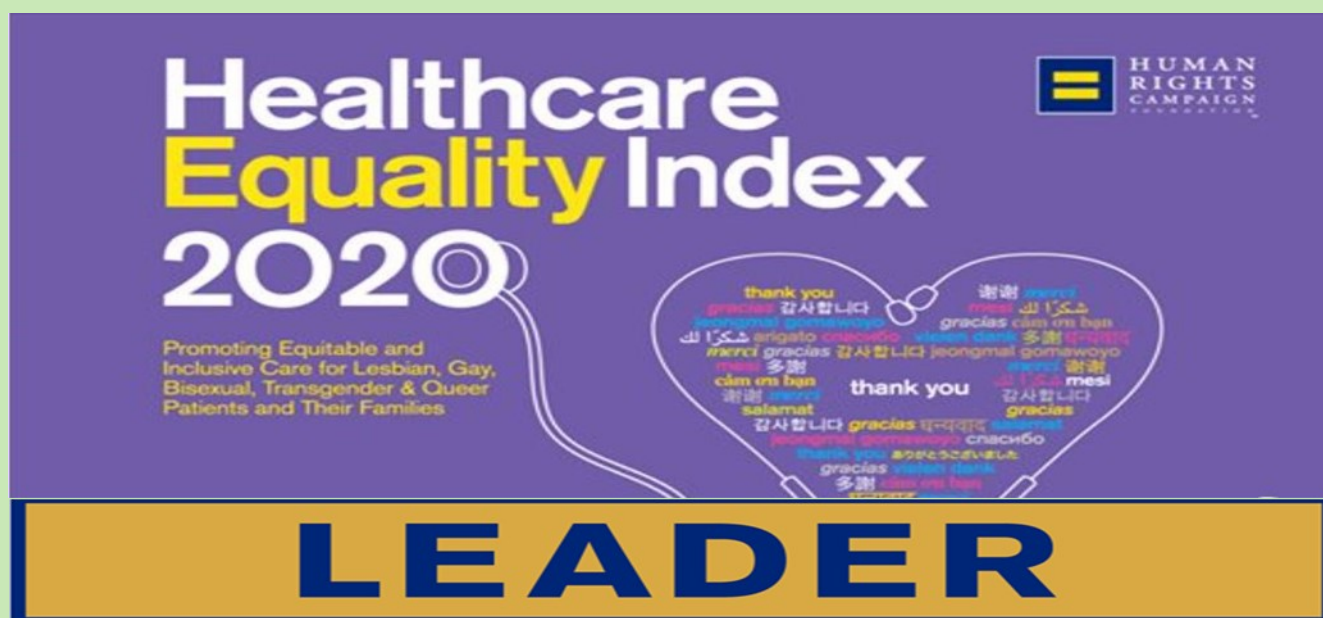


Many staff members from Physical Medicine and Rehabilitation and throughout the hospital have been volunteering to help out with COVID-related assignments at Hines since March. Among them are labor pool screeners at the entrance to Building 228, including PM&R Health Care Technician Audrey Stephens-Waterman, third from left, and Physical Therapist Binu Joseph, far right. Staff pictured from other services include (left to right) Secretary Oladotun (Dutchy) Johnson, Nurse Ruth Delaney, and Police Sergeant Louis Beltran

Hines Achieves 2020 HRC Index Leader Status

Hines is one of 64 of 105 participating VHA facilities which achieved Leader Status in the Human Rights Campaign Healthcare Equality Index for 2020.

HRC's Healthcare Equality Index is a National LGBTQ benchmarking tool that evaluates healthcare facilities' policies and practices related to the equity and inclusion of their LGBTQ patients, visitors and employees.



COVID Garden in Blind Rehab Center



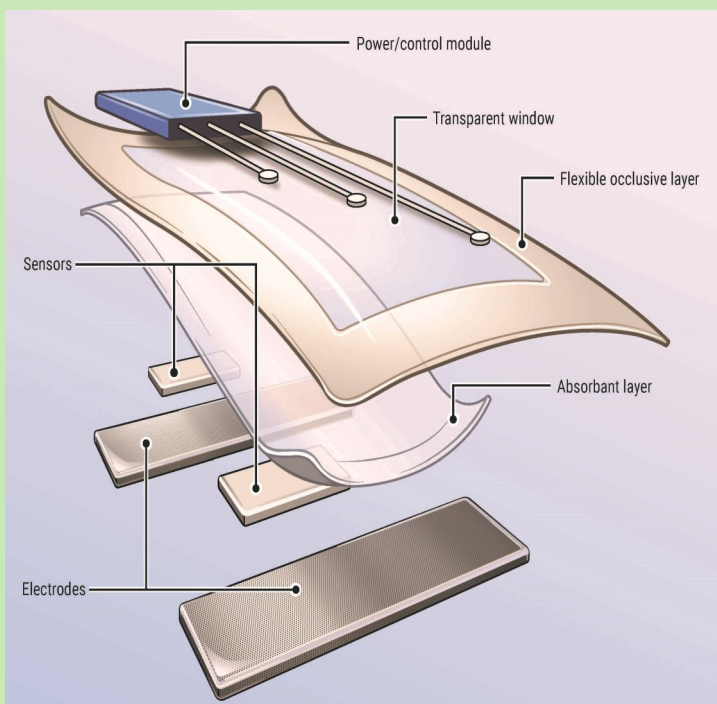
(Cont. from page 1)

this space in the fresh outdoors as they continued to recover and get stronger for their return home.

Recreation Therapist Chief Lisa Edmonds, BRC Chief Denise Van Koevinger, and recently retired Rehabilitation Service Chief Dr. Monica Steiner made this initiative possible.

Recreation Therapist Melissa Winter (pictured at left) and Clinical Psychologist Jennifer Kiebles also dedicated their efforts to the gardening initiative.

Smart Bandage Uses Electricity to Heal Wounds



A VA biomedical engineer and her research colleagues have designed Exciflex, a “smart bandage,” which uses electricity to help heal chronic wounds.

The idea of using electrical stimulation to heal wounds is not new, but the multilayer Exciflex bandage components allow for dressings to remain on a wound for up to seven days, while electronically monitoring wound temperature and healing, as well as providing electrical stimulation.

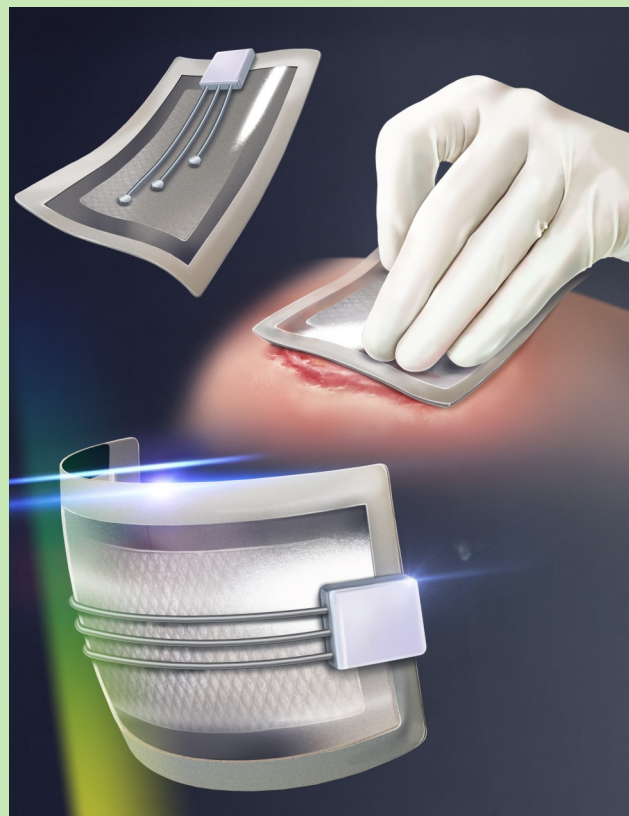
A layered bandage, the electrical stimulator, temperature sensors, and control module (smart chip) are all part of the smart bandage. This top layer

contains the electronic parts and battery, which cover an absorbent bandage below.

After seven days, a clinician can apply a new bandage below and reapply the top layer, as often as the patient needs for wound healing.

See [VA's press release](#) for more information.

Illustrations by Grace Gongaware, used with permission.



Windy City Athlete Shines at Virtual Games

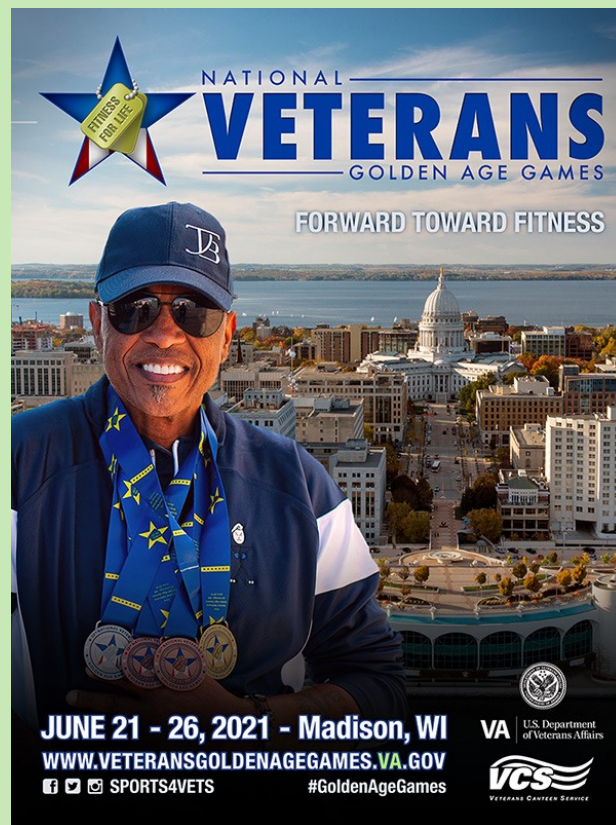
The National Veterans Golden Age Games' being cancelled in Madison, Wisconsin this year due to COVID didn't stop Hines' Windy City Athlete Frank Newson from competing and taking away 2 medals.

He was one of 259 Veteran athletes aged 55+ who registered to participate virtually in the 2020 Games from home. A slew of competitive events were available for Veterans to choose from. Participants had to record their event from home and send it in to be judged.

Veterans from 36 states, the U.S. Virgin Islands, and 61 VA medical centers competed in gender, wheelchair, visually impaired, and recumbent cycling categories.

Newson won first place in his age group for shotput and tied for third place in Wastebasket Basketball.

He was also selected to be the featured athlete for the 2021 Games publicity poster (pictured at right).



Flu Shots for Vets: Hines, Its Clinics, Community



Starting September 11, Hines began offering flu shots to Veterans at its main facility and its six Outpatient Clinics.

Hines flu vaccination hours at the drive-thru flu shot station in the C Section of Building 1 are 8 a.m. to 3:30 p.m., Monday through Saturday.

Flu clinic hours at the Aurora, Hoffman Estates, Joliet, Kankakee, LaSalle, and Oak Lawn locations are from 7 a.m. to 3:30 p.m., Monday through Friday.

Veterans may request a flu shot at any clinic appointment, however, no appointment is necessary to receive a shot.

Veterans can also get a flu shot in the community through the Community Care Network. Call 877-811-7618 or visit <https://www.va.gov/find-locations> to find locations.

Among the participating community locations are Costco, CVS, Kroger, Safeway, Walmart, and Wegmans.

Mandatory employee flu shots are also available free of charge by appointment in Occupational Health. Call ext. 25366 to schedule.

Rehab Insider



The Scoop on:

Alezondria Sikes

Department:

Kinesiotherapy--Spinal Cord Clinic

Length of Service: 5 months

Reality TV... Love it or Hate it? Hate it

Three apps on your phone you can't live without? Netflix, Instagram and Snapchat

What animal do you identify with and why? Dogs, because they are everyone's best friend

Are you a morning or night person? Definitely a night person

What is your favorite season? Summer

The Scoop on:

JoJo Joseph

Department: Occupational Therapy-Inpatient

Length of Service: 5 months

Three apps on your phone you can't live without? WhatsApp, Group Me, Facebook

What is your home state or home town? Uzhavoor, India

Reality TV... Love it or Hate it? Hate it

Watch TV or Listen to Music? Listen to music

What is your favorite sports team? Chicago Bulls



The Scoop on:

George Charuk

Department:

Physician Outpatient, Musculoskeletal Care

Length of Service: 2 months

Three apps on your phone you can't live without? Facetime, Google, Pandora

What is your ultimate travel destination? The Bahamas

Watch TV or Listen to Music? Watch TV

What animal do you identify with and why? Dogs, because they are friendly and when you feed them their tails wag; mine does the same!

What was your first job? Cleaning dishes at a fast food restaurant (Wally's)

The Scoop on:

Caleb Crumpler

Department: Kinesiotherapy Spinal Cord Clinic

Length of Service: 7 months

What is your home state/home town? Picayune, Mississippi

Three apps on your phone you can't live without? Twitter, Instagram, Snapchat

What was your first job? Working at a golf club as a cart attendant

Do you speak more than 1 language? No

What is your favorite sports team? Los Angeles Dodgers



Hines Holds RCF Games in October

By Sabrina Bedo, Recreation Therapist

As many as 21 residents in the Residential Care Facility (RCF) competed or participated in the three-day RCF Games held in October, by creating a flyer for the event, singing the national anthem, or attending the opening and closing ceremonies.

RCF Games was planned and initiated to inspire friendly competition between RCF Residents, provide them with an opportunity to demonstrate their skills and talents, and give them a way to meaningfully interact with one another during this difficult time of COVID-19.

Each day, RCF residents could sign up to compete in scheduled events, which included a boccia ball team tournament, scavenger hunt, bag toss, obstacle course, door decorating contest, guessing contest, and bowling.

Director James Doelling joined in the opening and

closing ceremonies, saying, “I was happy to be able to speak at the opening and closing ceremonies and give out the medals! Each veteran was celebrated by their peers and staff. Great job by the team thinking outside of the box and bringing a great distraction and some happiness to our heroes and staff.”

It was great to see the impact that this event had on the RCF residents. Rolf Kufeld, who placed first in the guessing contest, said, “I thought the games were enlightening, a terrific diversion from the daily hum-drum.

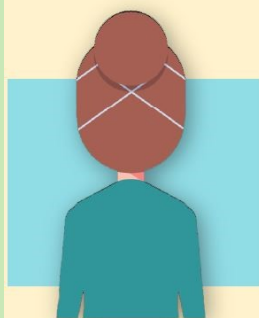
“And I would like to compliment the staff and the great job they are doing. Every day they take their lives in their own hands by coming here and they do it with a congenial smile.”

Thank you to all the RCF administrators, nursing staff, and therapy staff that made this event possible.

Watch for RCF Games 2021!



Clever tips to protect your ears and hearing aids while wearing a mask



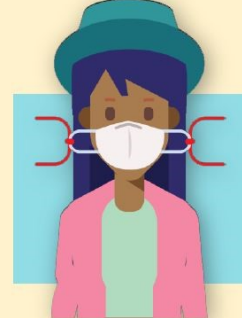
If you have long hair, pull it back into a bun and loop the elastics around the bun.



Create a “mask extender” out of fabric or ribbon about 4 inches long. Buttons sewn on either side allows for a place to put the elastic other than your ears.



Sew 2 large buttons onto a soft headband, placing the buttons to line up with each ear. Looping the elastic around each button will take the strain off your ears.



Use masks with string of ribbons that tie back. There are YouTube videos on creating masks that tie, which puts absolutely no pressure on the ears.

Staffing Updates

George Charuk, Physiatrist, has joined PM&R. Morgan Seberger returned after an internship here as a Recreation Therapist. Prosthetist Robert Uehlein has joined Prosthetics Service.

Dr. Sri Ranjini Muthukrishnan is serving as Acting Chief of Rehabilitation Service while a replacement for Dr. Monica Steiner, who retired after 20 years at Hines VA, is found.

Speech Pathologist Rebecca Rogers was selected as the new Speech Pathology supervisor.

Dr. Melanie Querubin and Speech Pathologist Jennifer Schutt gave a presentation to VISN 12 on VA Video Connect and their experiences using it.

Praise certificates

August: John Getto, Prosthetics Clerk; David Jasiniski, Electrical Engineer, Prosthetics; Megan Pozsgai, Orthotist-Prosthetist; Martin Proa, Prosthetics Technician; Drs. Vishal Kamani and Priti Mahajan

September: Arnold Canete, Physical Therapist/CBOC Therapy Manager; Kaylee Miller, Audiologist

October: Megan Bennett, Stacie Lannon, Colleen Leininger, Audiologists

November: Suzanne Creedon, Kelly Masterson; Joe Neczek, Kinesiotherapists; Latha Panicker, Nurse Practitioner; Susan Parks, Physical Therapist Assistant

Rock Stars

June: Sandy Aichele, Kelly Masterson, Joe Neczek, Dave Polak, and Susan Zajeski, Kinesiotherapists; Virgil Drumgole, Amputation System of Care Coordinator/Physical Therapist; Sandra Smith-Phillips, Program Specialist; Dr. Monica Steiner

Kudos to Dr. Melanie Querubin and Audrey Stephens-Waterman for receiving a Feel Good Gram for exceptional care of a recent PM&R patient.

Kudos to these staff singled out by name by Hines patients:

“Audiologist **Kelly Beeman**, Au. D. was excellent. Listened to my questions and provided great care.”

Audiologist “**Stacie Lannon** was extremely profes-

sional and knowledgeable on the use of my new hearing aid. She was patient and informative showing me how to use the aid.”

“**Dr. Kaylee Miller**, Audiologist, from the Joliet CBOC... an outstanding individual. Besides being so knowledgeable and helpful, she is so patient and kind. A special thanks and appreciation to her.”

“The **North Aurora... Audiology department** is outstanding..”

“Simply, I am very satisfied with the VA. I am always treated with respect and the members are always friendly and helpful. I recently needed a new **prosthetic** hand; my workers; comp had run out, but the VA gave me a new state-of-the-art myoelectric hand. I am very grateful for their help.”

“Had a good experience at the Pain Clinic and with Nurse Practitioner (**Latha**) **Panicker**. Wanted to give her credit for working good with Vets. Lastly,...when | I see | someone doing a good job, (I) always (try) to compliment them.”

Kudos to KT's Suzanne Creedon, Kelly Masterson, and Joe Neczek, who were featured in a recent VAntage Point article for their work treating COVID-19 patients here at Hines.

And to “**Megan (Pozsgai)** in Prosthetics (who) has always been very helpful and considerate of all my needs.”

And “**Kathy (Cozzolino)**, the (occupational) therapist (who) did an outstanding job.”

Also to Occupational Therapist **Yvonne Chomer**, “who continuously provide(s) quality care to veterans and is eager to help!”

And Physical Therapist **Sally Stelsel**: “She is always eager to help and provide veterans with the best quality care.”

And **Dr. Grant Etnyre**: “He called me twice. . . for the first time in like 20 years of seeking help with the VA I felt like finally a doctor hears me and I can't do anything but cry to know that he gave me his word that he was going to try to help me to his fullest ability.”

VA Video Connect Offers Internet-Based Care

Subject: Your VA Video Connect (VVC) Appointment has been scheduled for 03/29/2020 14:00 EDT

Date/Time: 03/29/2020 14:00 EDT

Join the appointment:

[Click Here to Join the VA Video Connect appointment](#)

Since COVID-10 struck, health care providers at Hines and across the VA have been ramping up use of VA Video Connect appointments to meet virtually with Veterans and their caregivers.

VA medical support assistants now schedule secure, private internet-based health care appointments for patients, which use the camera of a computer, tablet, or smart phone.

“I wouldn’t be able to have VA appointments if we couldn’t meet this way.”

In a recent Microsoft Teams presentation, Dr. Melanie Querubin, Psychiatrist, and Jennifer Schutt, Speech Therapist, discussed use of VVC for patient evaluation and treatment in Hines’ PM&R and Speech clinics.

Schutt cited findings from a recent VA study entitled ***Veterans Report Satisfaction with VA Virtual Care Delivered by Video-Enabled Tablet***.

“Can we keep meeting over VVC?”

Patients report that VVC is equivalent or preferred to in-person care.

“32% of tablet recipients indicated that they would prefer to conduct their future VA appointments by video.

“The most common barriers to in-person care were travel time (66%), travel cost (55%), health conditions (54%), bad weather (57%), and feeling uncomfortable or uneasy at VA (33%).”

Further, there were “statistically significant increases in patient satisfaction with overall VA care.”

“86% agreed or strongly agreed that the technology

was easy to use, *regardless of previous technology use, age, health literacy...reducing the “digital divide.”*

Among the anticipated benefits from VVC are increased access to care. Clinicians can conduct healthcare remotely, yet see patients “face-to-face,” which is preferable to a phone call.

“Please don’t take away VVC, it’s so much easier!”

As there is no need for them to drive, Veterans save time and money used for travel, while also defraying travel assistance costs for VA.

Schutt also identified unforeseen benefits of VVC. Among them is the opportunity to interact with Veterans and family and caregivers in their own environment.

Additionally, Veterans can use their preferred device—and VA even provides eligible Veterans with a tablet to use for VVC.

“Are you going to keep doing this after things get back to normal?”

Veterans also have greater flexibility for appointment scheduling, as they can be at work, at home, or even on vacation, and can be seen outside of typical clinic slots.

In addition, clinical staff may benefit from being able to work remotely.

Appointment no-show rates are lower, and patient satisfaction with Speech telehealth is now about 90%.

“The appointment’s going to be over the computer, right?”

Likewise, patient benefits include protection from potential unnecessary exposure to illness, highly desirable during the coronavirus pandemic.

(Continued on next page)

VHA Provides Virtual Care

(Continued from previous page)

VA Video Connect session
on a smart phone

VA's goal is to use telehealth for up to 40% of all appointments by the end of this year.

The Office of Connected Care Help Desk at (866) 651-3180 is available around the clock to help Veteran and staff callers solve technical difficulties.



See <https://mobile.va.gov/app/va-video-connect> for more information. Download a [VA Video](#)

[Connect brochure](#) here: <https://mobile.va.gov/sites/default/files/flyer-va-video-connect.pdf>

Noteworthy Research Findings

Exercising a sound arm or leg can prevent muscle damage and loss of strength in the opposite injured limb, according to research done at Edith Cowan University's School of Medical and Health Sciences.

By having one arm immobilized for at least 8 hours daily for four weeks and performing eccentric exercise in the other, participants increased strength in both arms, while decreasing loss of muscle mass in the immobilized arm.

These findings are expected to enhance rehabilitation for stroke and orthopedic patients in particular.

A Danish study recently published in Brain concluded that Parkinson's is not one disease, but two, starting in the brain or in the intestines.

Alpha-synuclein, a protein that damages nerve cells, accumulates in Parkinson's patients' brains. This process causes the hallmark slow, stiff movements associated with the diseases.

For some patients, the process starts in the brain's dopamine system and moves to the intestines, heart, and other organs. For others, it starts in the intestines and moves to the brain through neural connections.

Based on this new information, researchers speculate that more personalized treatment can be developed for and provided to individuals afflicted with Parkinson's.

Communicating when wearing a mask



Speak slowly,
Clearly and at a
Normal volume.



Rephrase remarks
when not understood.



Take turns when
speaking.



Make sure hearing aid
users have them on.



Keep background
noise in the room to a
minimum.



Face each other
(at a safe distance).

Chicago Lions Club Hosts RCF Zoom Event

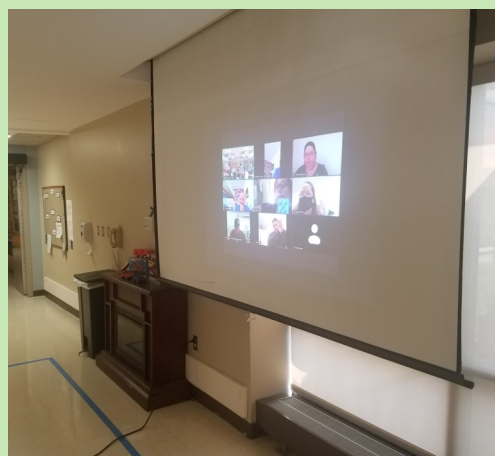
By Sabrina Bedo, Recreation Therapist

Volunteers from the Chicago Puerto Rico Lions Club have found a way to stay connected with and give generously to Veterans in the Residential Care Facility. This September, the Club again kept the Veterans in RCF well-fed and entertained.

For the second time this year, the organization purchased pizza for all the Veterans in the RCF unit and then proceeded to host a virtual event by Zoom for them.

The Zoom event included games created by the volunteers and prizes donated to the Veterans, including Patriot dollars and Chicago Bears Khalil Mack shirts. One lucky Veteran won a Bears Mitchell Trubisky jersey.

It is heartening and inspiring to see the Chicago Puerto Rico Lions Club volunteers find creative and uplifting ways to keep the RCF Veterans engaged even from afar.



Spinal Cord Injury Center Receives M-PACE



Patients in Hines' Spinal Cord Injury Center have access to a new arm exercise cycle which they can use in bed.

The Multi-Purpose Arm Cycle Ergometer for Rehabilitation was designed by VA researchers to be used while positioned over patient beds. It can also be used from a wheelchair or while standing.

Patients with spinal cord injuries may need extended time in bed to heal, but prolonged bedrest without exercise can lead to muscle loss, deconditioning, and disruptions of the central nervous, digestive, and endocrine systems. M-PACE can help prevent this.

Due to the pandemic, Kinesiotherapists, Occupational Therapists, and Physical Therapists assigned to the SCI therapy clinic received remote ZOOM training to familiarize them with features of the M-PACE.

They will be working with the M-PACE creators and collaborating with VA peers to continue to refine the arm ergometer.



Upper left, M-PACE; right, in use over patient bed

Inpatient Unit Outcomes Data

In an effort to offer the highest quality of care for our Veterans participating in our inpatient rehab unit, the Rehabilitation Service monitors several patient outcomes and their demographics. This monitoring activity helps the treatment team identify opportunities for improvement.

For additional information, contact Dr. Marilyn Pacheco at (708) 202-2793.

“Job well done by all the staff; program really helped me a lot.”

“What was done here is great, everything was explained very well.”

“Everyone was helpful and caring about my rehab.”

“I appreciated the attention of all the nurses and nurses’ aides.”

“Thanks for all the good care I was given.”

“I liked how quick my rehab was.”

“Nurses were phenomenal; look forward to working with you all again for my next (joint) replacement.”

“Made my rehab fun and wonderful.”

“Staff friendly and capable...”

“The whole process was great. Everyone was nice and helped a lot.”

“PT was great. Thanks to the care shown by the psychologists.”

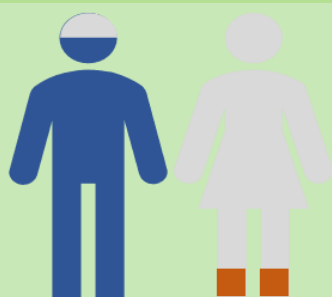
Mask-Wearing Do's and Don'ts



Rehabilitation Outcomes Data

Patients *admitted* between January - March 2020

Comprehensive Inpatient Rehab (CIIRP)

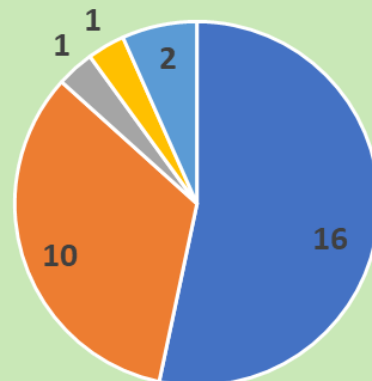


93%
Male

7%
Female

Type of Impairment

- Orthopedic
- Stroke
- Cardiac
- Amputation
- Brain



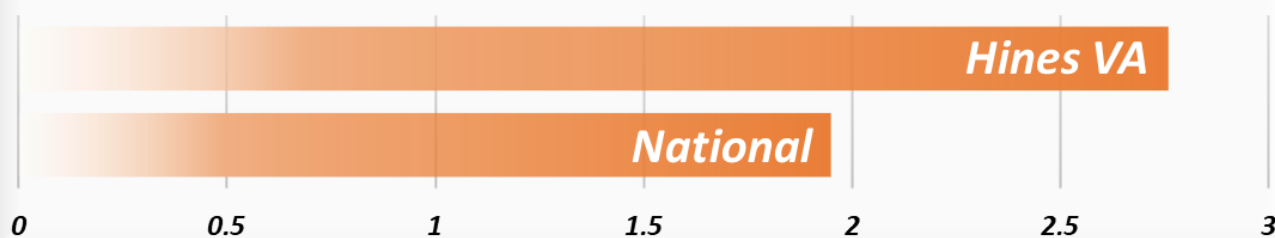
LENGTH OF STAY

12 days	20 days
Hines VA	National

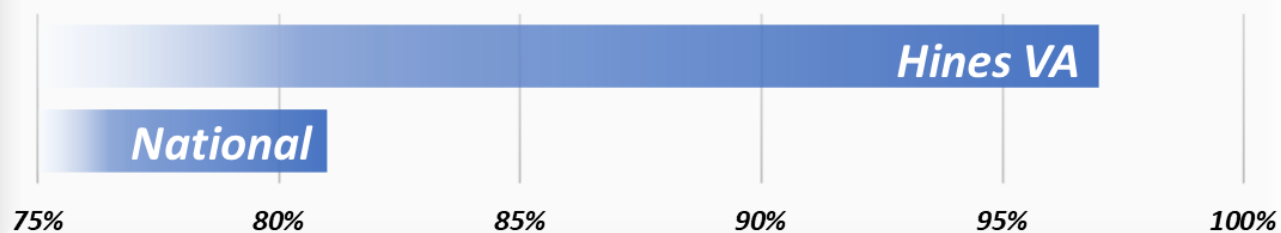
HOURS OF THERAPY

3-4 hours per day

FUNCTIONAL IMPROVEMENT EFFICIENCY

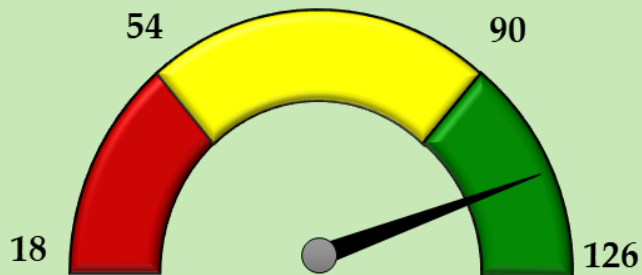


PERCENT OF PATIENTS DISCHARGED HOME



Inpatient Rehab Durability and Satisfaction Outcomes Patients *discharged* between January – March 2020

Functional Independence Measure (FIM)

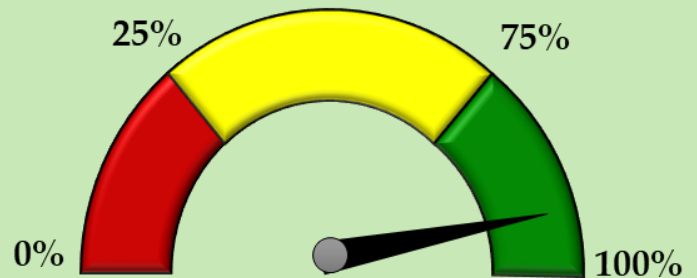


111.0 = Hines rating for
January – March 2020

108.3 = National Benchmark

FIM is used to track changes in functional ability of a patient during rehabilitation care

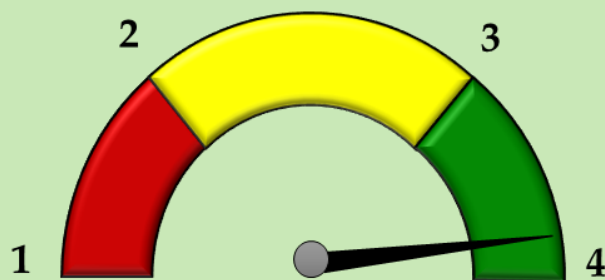
Own Care Maintenance



95.7% = Hines rating for
January – March 2020

93.2% = National Benchmark

Patient Satisfaction

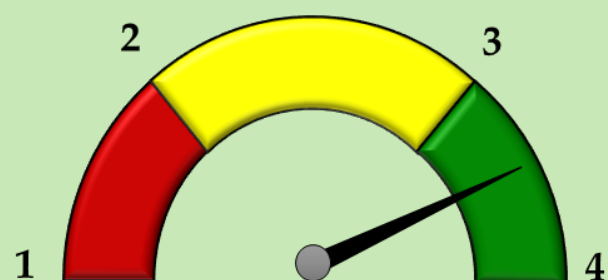


3.83 = Hines Rating for
January – March 2020

3.68 = National Benchmark

Score Rating: (1) Very dissatisfied, (2) Somewhat dissatisfied
(3) Somewhat Satisfied, (4) Very Satisfied

Improved Quality of Life



3.48 = Hines rating for
January – March 2020

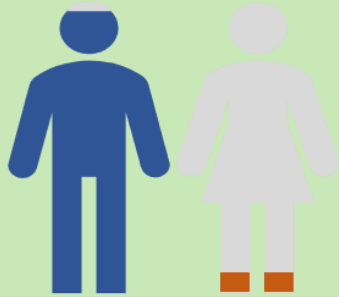
3.47 = National Benchmark

Score Rating: (1) Strongly Disagree, (2) Somewhat Disagree
(3) Somewhat Agree, (4) Strongly Agree

Rehabilitation Outcomes Data

Patients *admitted* between April – June 2020

Comprehensive Inpatient Rehab (CIIRP)



97% **3%**
Male **Female**

Type of Impairment

- Orthopedic
- Stroke
- Cardiac
- Amputation
- Brain



LENGTH OF STAY

11
days

Hines VA

23
days

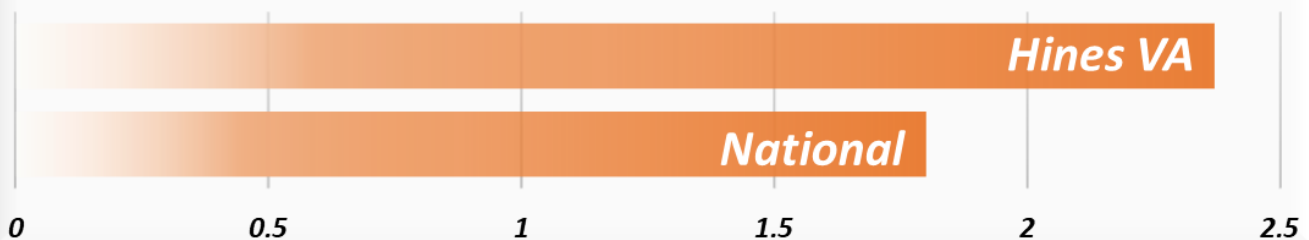
National

HOURS OF THERAPY

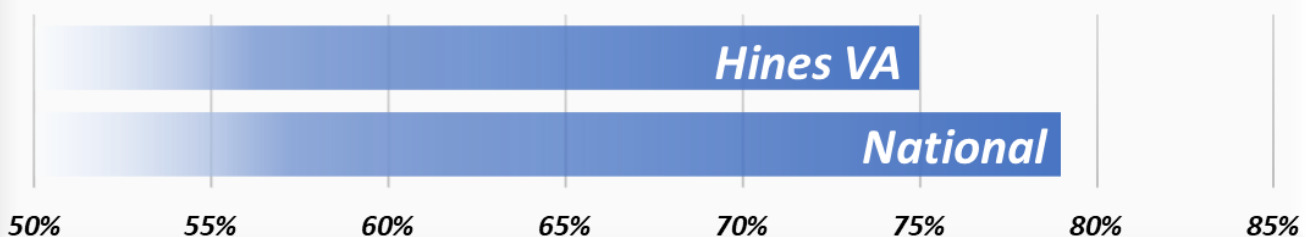
3-4 hours per day



FUNCTIONAL IMPROVEMENT EFFICIENCY



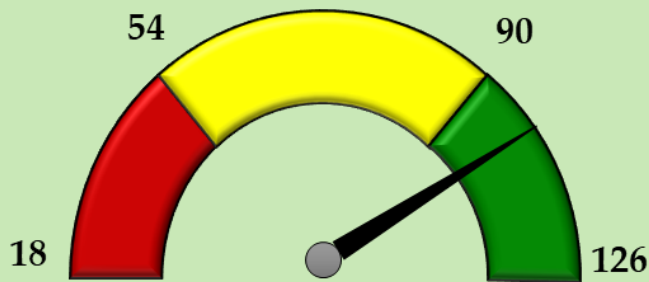
PERCENT OF PATIENTS DISCHARGED HOME



Inpatient Rehab Durability and Satisfaction Outcomes

Patients *discharged* between April – June 2020

Functional Independence Measure (FIM)

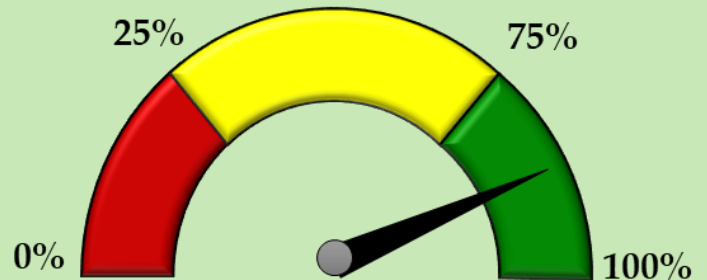


105.1 = Hines rating for
April – June 2020

108.3 = National Benchmark

FIM is used to track changes in functional ability of a patient during rehabilitation care

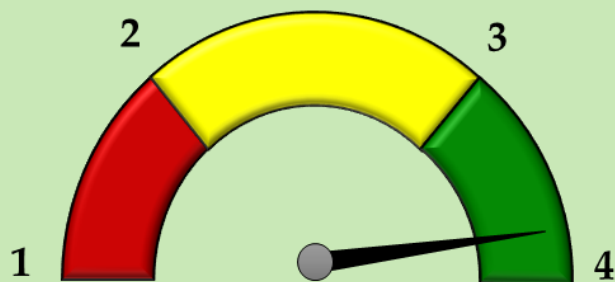
Own Care Maintenance



87.5% = Hines rating for
April – June 2020

93.2% = National Benchmark

Patient Satisfaction

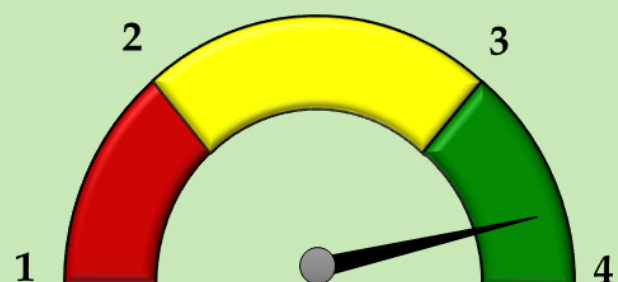


3.86 = Hines Rating for
April – June 2020

3.68 = National Benchmark

Score Rating: (1) Very dissatisfied, (2) Somewhat dissatisfied
(3) Somewhat Satisfied, (4) Very Satisfied

Improved Quality of Life



3.71 = Hines rating for
April – June 2020

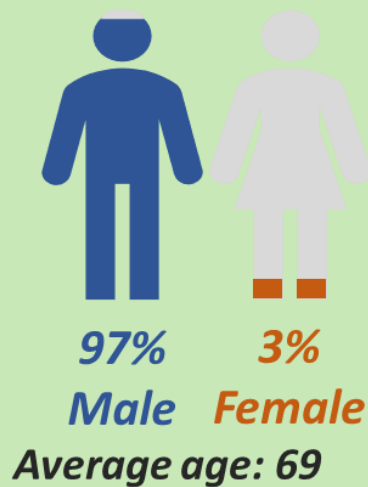
3.44 = National Benchmark

Score Rating: (1) Strongly Disagree, (2) Somewhat Disagree
(3) Somewhat Agree, (4) Strongly Agree

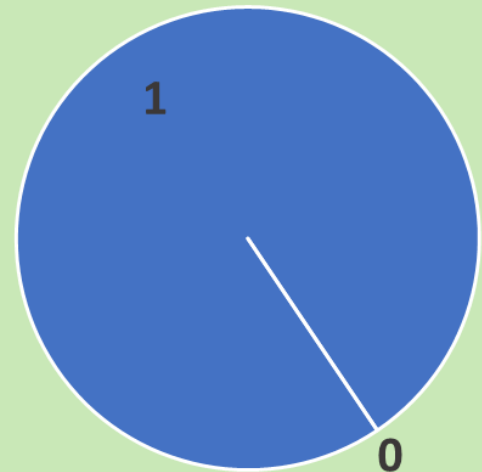
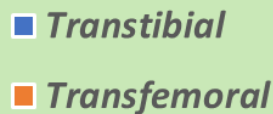
Rehabilitation Outcomes Data

Patients *admitted* between January – March 2020

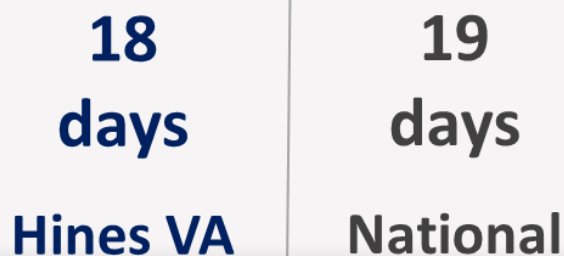
Inpatient Amputation Specialty (AMP)



Type of Amputation



LENGTH OF STAY



HOURS OF THERAPY

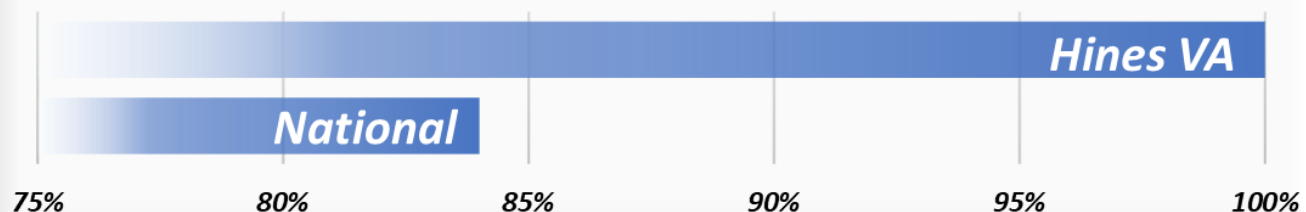
3-4 hours per day



FUNCTIONAL IMPROVEMENT EFFICIENCY

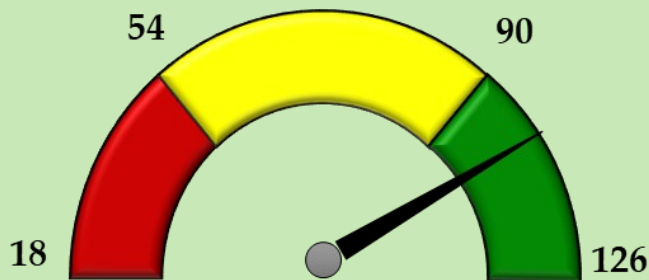


PERCENT OF PATIENTS DISCHARGED HOME



Inpatient Amputation Durability and Satisfaction Outcomes Patients *discharged* between January - March 2020

Functional Independence Measure (FIM)

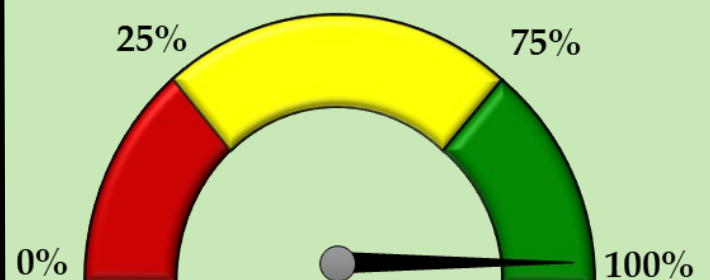


105 = Hines rating for
January – March 2020

102.9 = National Benchmark

FIM is used to track changes in functional ability of a
patient during rehabilitation care

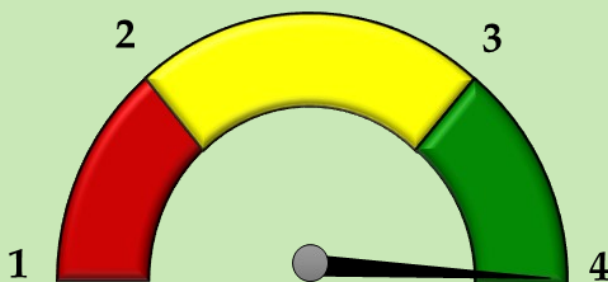
Own Care Maintenance



100% = Hines rating for
January – March 2020

93.1% = National Benchmark

Patient Satisfaction

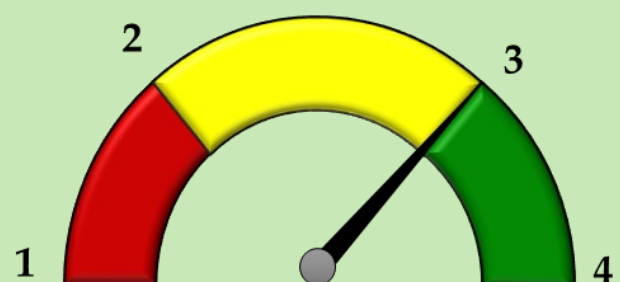


4.0 = Hines rating for
January – March 2020

3.67 = National Benchmark

Score Rating: (1) Very dissatisfied, (2) Somewhat dissatisfied
(3) Somewhat Satisfied, (4) Very Satisfied

Improved Quality of Life



3.0 = Hines rating for
January – March 2020

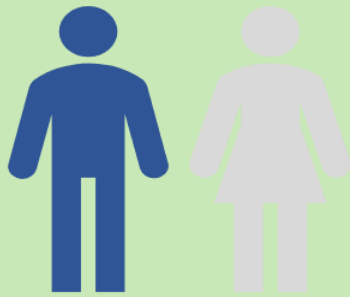
3.48 = National Benchmark

Score Rating: (1) Strongly Disagree, (2) Somewhat Disagree
(3) Somewhat Agree, (4) Strongly Agree

Rehabilitation Outcomes Data

Patients *admitted* between April – June 2020

Inpatient Amputation Specialty (AMP)



100%

Male

0%

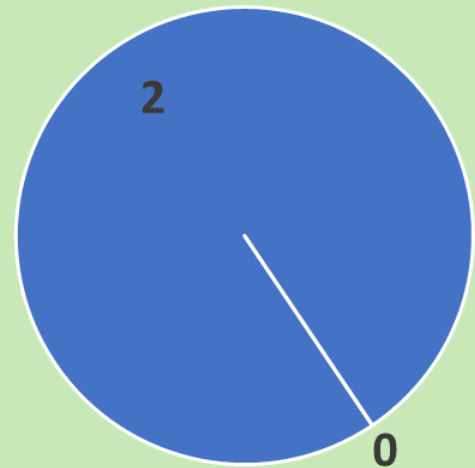
Female

Average age: 70

Type of Amputation

■ *Transtibial*

■ *Transfemoral*



LENGTH OF STAY

**15
days**

Hines VA

**18
days**

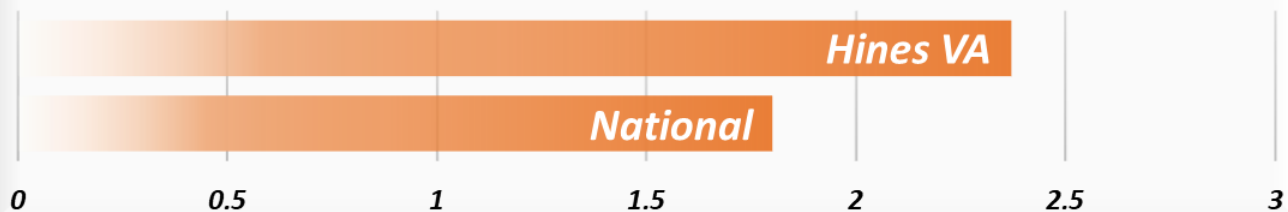
National

HOURS OF THERAPY

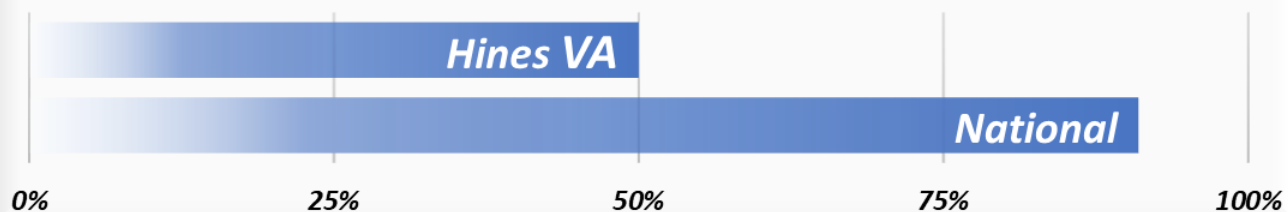
3-4 hours per day



FUNCTIONAL IMPROVEMENT EFFICIENCY

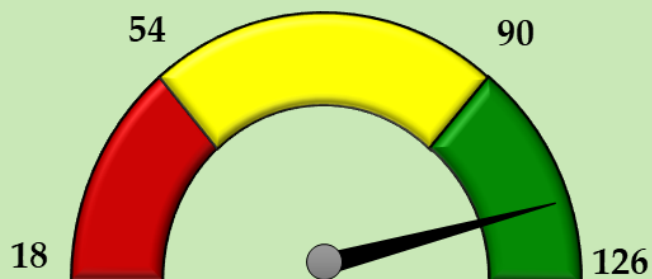


PERCENT OF PATIENTS DISCHARGED HOME



Inpatient Amputation Durability and Satisfaction Outcomes Patients *discharged* between April – June 2020

Functional Independence Measure (FIM)

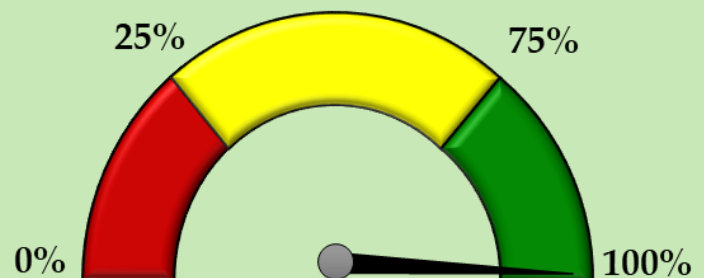


114.5 = Hines rating for
April - June 2020

102.9 = National Benchmark

FIM is used to track changes in functional ability of a
patient during rehabilitation care

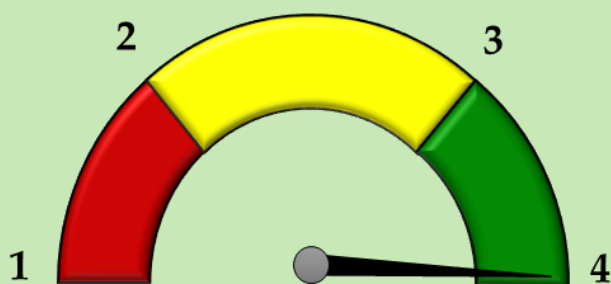
Own Care Maintenance



100% = Hines rating for
April - June 2020

93.1% = National Benchmark

Patient Satisfaction

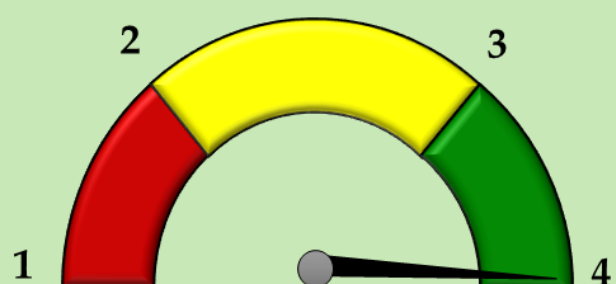


4.0 = Hines rating for
April - June 2020

3.67 = National Benchmark

Score Rating: (1) Very dissatisfied, (2) Somewhat dissatisfied
(3) Somewhat Satisfied, (4) Very Satisfied

Improved Quality of Life



4 = Hines rating for
April - June 2020

3.44 = National Benchmark

Score Rating: (1) Strongly Disagree, (2) Somewhat Disagree
(3) Somewhat Agree, (4) Strongly Agree



Hines Drive-Through COVID Tests Available

Hines is providing drive-through COVID testing for Hines Veterans and employees.

Testing is being done by appointment only. It is performed at a Fold Out Rigid Temporary Shelter (FORTS) unit in the Indiana Parking Lot.

Rapid results are available for symptomatic individuals.



The FORTS unit in the Indiana Parking Lot, east of the main hospital (center tower building above) and northeast of building 228 (red brick building, left.)

Contact Information

Acting Chief of Rehabilitation Service/
Outpatient (PM&R) Consumer Representative
Sri Ranjini Muthukrishnan, MD (708) 202-4982

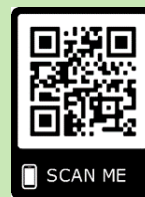
Inpatient (11E) Consumer Representative
Lora Coffelt (708) 202-1604

We're on the web!

[https://www.hines.va.gov/
services/pmr.asp](https://www.hines.va.gov/services/pmr.asp)



Hines VA Hospital
Veterans for Wellness
Health Journeys Guided Meditation
On-Line Streaming Sessions
for Veterans, Caregivers, and Employees



<https://www.healthjourneys.com/hines>

Sponsored by PM&R and HUD/VASH
Contact Manny Villareal, LSW (708) 202-2341
or Eileen Hurn, MSN, RN (708) 202-4966

To submit information to this newsletter, contact Susan Raich at Susan.Raich2@va.gov or (708) 202-2280